

*Alameda County Behavioral Health is pleased to offer a FREE training:*

## *Trauma Informed Systems 101*



**Wednesday, October 2, 2019**

**9:00am - 12:30pm**

(Sign in begins at 8:30 pm; Training starts promptly at 9:00 am)

**Location: Alameda County Public Health  
1100 San Leandro Blvd, Redwood Conference Room,  
San Leandro, CA 94578**

**Audience:** The training is for mental health professionals or anyone who works in a public system or non-profit that serves adults, children, families and caregivers. This training is reserved for Alameda County Behavioral Health Staff (County units and contracted community-based organizations).

**Trainers:** Brooke Briggance, BA, Deputy Director at FACES for the Future Coalition at the Public Health Institute. Brook oversees a program that supports high-risk youth into health professions including mental/behavioral health, which includes working on CA health workforce issues. She is a certified trainer in both Adult and Youth Mental Health First Aid and a certified grief recovery specialist. Rhea Bailey, MPH, Consultant for Trauma Transformed. Rhea brings years of experience in public health systems and non-profits where she has served public housing residents and engaged consumer voice in MHSA programs.

**Description:** The TIS 101 is a basic 3.5 hour training to understand how trauma and stress impacts developing bodies and brains, communities, organizations and systems. The goal of this training is to bring a cross-section of our workforce together (administrative supports, clinical and non-clinical staff, leadership, etc.) to develop shared language and understanding of what it means to be a trauma-informed organization and apply common practices to help our communities heal.

**Learning Objectives – By the end of the training, participants will be able to:**

1. List three (3) effects of trauma on our brains and bodies
2. Identify the core principles of trauma-informed care and at least one (1) way to apply these principles to practices
3. Describe three (3) strategies to develop organizational resilience and trauma-informed responses
4. Explain about two (2) impacts of organizational trauma on the ways we function as organizations and individuals
5. Apply self- and co-regulation strategies and tools to use in practice settings

*If you have a reasonable accommodation request, or grievance regarding an ACBH training, please email [Training.Unit@acgov.org](mailto:Training.Unit@acgov.org) or call Ph: 510-567-8113.*

### **REGISTRATION:**

Registration required, open until filled. Please register at: <http://alameda.netkeepers.com>

For registration help contact:

[Training.Unit@acgov.org](mailto:Training.Unit@acgov.org)

Ph: 510-567-8113

*When emailing, include training Date and Title in Subject Line.*

For other information about this training contact:

[Lori.DeLay@acgov.org](mailto:Lori.DeLay@acgov.org)

### **Continuing Education:**

*This course meets the qualifications for **3** hours of continuing education credit for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0620; for **LMFTs, LCSWs, LPCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749. ACBHCS maintains responsibility for this program/course and its content. Please note: in order to receive CE credit, you must attend the full training and complete an evaluation. CE Certificates will be emailed to qualifying training participants via email within 30 days after the training.*